

# Touch Quilt Guidelines

Touch Quilts finish at approximately 33 to 34 inches square.

## Supplies:

Fabric: all types of washable fabric that has been pre-washed (cotton, fleece, fun fur fabrics, satin, corduroy, viscose, flannel, etc.)

Backing: flannelette or fleece

Batting: polyester or cotton or cotton-poly blend

## Construction of the Quilt Top:

Cut out 36, 6" squares from your chosen fabrics

Sew 6 squares together to form one row

Repeat step above making another five rows

Then sew all six rows together to form the quilt top.

Layer lining and batting and baste the layers together

## Quilting methods:

machine quilted or tied

## Label:

Be sure to sign and date your quilt.

For example - a 3" x 4" solid colour label printed with the following:

<p>Touch Quilt-Alzheimer Society of K-W Waterloo County Quilters' Guild P.O. Box 38044 Waterloo, ON N2J 4T9</p> <p>Made by _____</p>
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